

SOLIHULL METROPOLITAN BOROUGH COUNCIL



HEAD TEACHER

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VALLEY INFANT SCHOOL

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West Midlands B92 9HQ

27<sup>th</sup> January 2010

Dear Parents

**HEALTH RELATED BEHAVIOUR SURVEYS - Solihull 2010**

Our school along with many others have agreed to participate in a very important Health Behaviour Survey amongst young people. We have been asked to support the work of the Local Authority and the school itself stands to benefit substantially through its participation in the survey.

The survey data in schools may prompt review of the curriculum and has also been used in a variety of ways including:

1. As a starting point for discussion in classroom activities
2. As a guide in the choice of resources
3. As a prompt for appropriate timing of courses
4. As a beginning for further enquiry to strengthen existing programmes, e.g. in PE
5. As a starting point for discussion between parents and schools

The survey method that we are using has been developed by the Schools Health Education Unit, Exeter and has been in use now for over 30 years. Over 2500 schools have used the survey, many of them regularly repeating the survey.

The questions concern a wide range of health behaviours, for example:

Home and family

Nutrition

Drugs

Relationships, mental health, HIV

Leisure and money

Exercise

The Local Authority will also have a reliable database upon which it can objectively plan health care provision for young people. Links between the school and the Local Authority can be strengthened.

Both the Local Authority and the school, including representatives from the governing body and the parents, find the content of the questionnaire acceptable. Each questionnaire is anonymous and confidential, and no pupil will be identified when the data is returned to your school. The Local Authority will receive the total summary of all schools in which individual schools are not identified.

I hope you will agree with us that this is an exercise in which we wish to co-operate fully. I will assume you do approve unless I hear otherwise and I look forward to sharing with you in planning for enhanced health and wellbeing outcomes for our pupils. We hold a copy of the questionnaire in the school office, and if you would like to examine it, you are welcome to do so by appointment.

The survey will be carried out during week commencing 1<sup>st</sup>. February.

Yours sincerely

R.J. Narrowway  
Headteacher



